

Southam Triathlon 2010
7am Sunday 12th September 2010
Southam Leisure Centre.
Welsh Road West, Southam, Warwickshire. CV47 0JW

Organised by Southam and District Round
Table to raise funds for Southam Charities



Swim	400m	Southam Leisure Centre
Bike	20k	Local Roads
Run	5k	Southam College Fields

Name: _____ Gender: _____
Address: _____
Contact Number: _____ DOB: _____
e-mail: _____

Contact by email or post _____

Please estimate your swim time (400m) _____

Entry fee enclosed: £30.

Cheques made payable to "Southam and District Round Table"

Please send to:

Jason Jackson, Flat 2, 48 Radford Road, Leamington Spa. CV31 1LZ
E: southamtriathlon@hotmail.co.uk w: sanddr.org.uk t: 07403 183546
Closing Date for entries 29th August 2010

I have read and understand the event disclaimer

Signed: _____ Date: _____

Event disclaimer:

I accept that taking part in this event is by its nature hazardous and contains certain inherent risks
I agree that I participate entirely at my own risk and accept that the event organiser and associates are not
liable for any loss, damage, claim, expenses, injury or accident which may arise as a consequence of this
event

I will swim / bike / run with care and attention, abiding by the rules of British Triathlon Association¹

I remain responsible for my own property and actions

I am in good health and have done sufficient training to safely complete the course

¹ www.britishtriathlon.org